

Pollinating insects play a vital role in our environment, ensuring that many of our crops and wild plants are able to set seed and produce fruit.



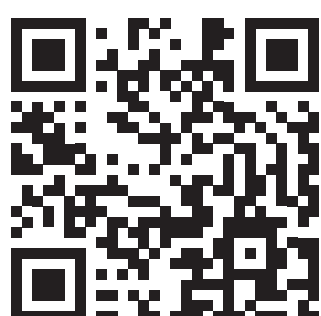
Can you help? We need to know how pollinator populations are changing, and with help from volunteers the UK Pollinator Monitoring Scheme (PoMS) runs two large-scale pollinator surveys.

Flower-Insect Timed Counts (FIT Counts)



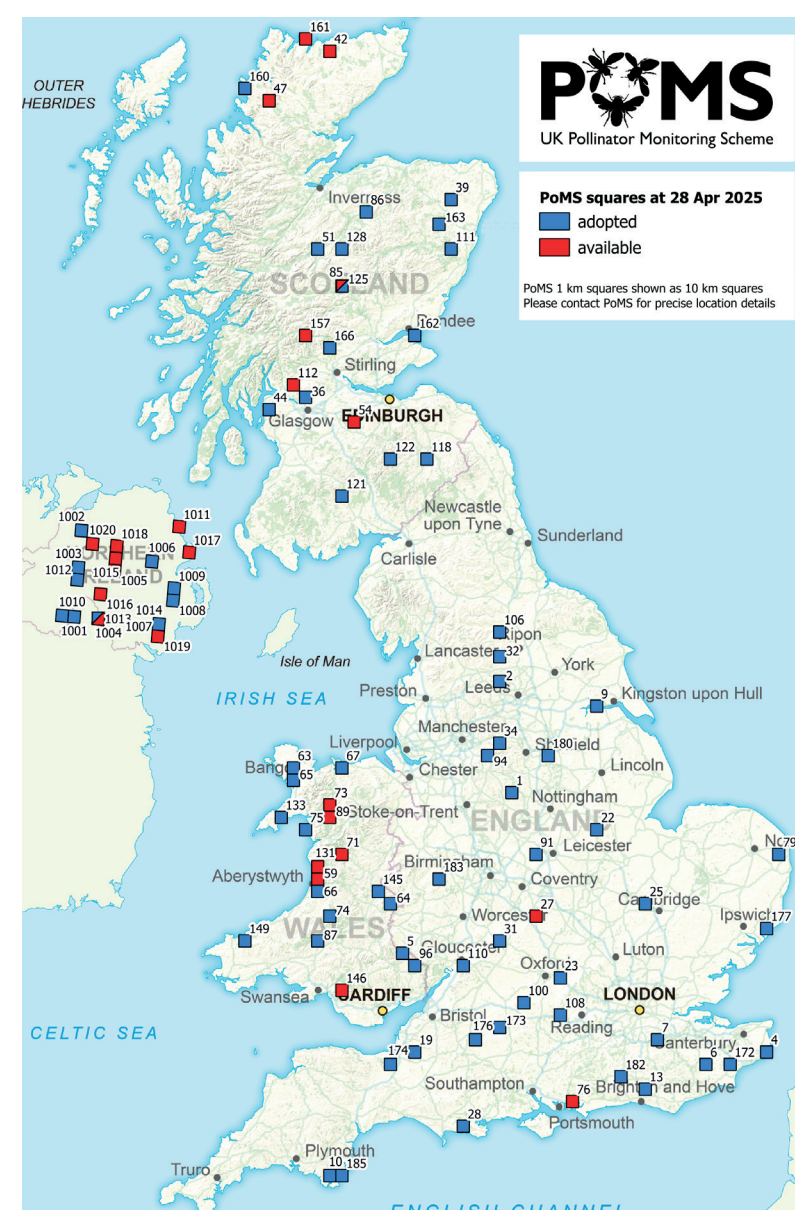
FITCount

- These can be done at any location with flowers
- At any time when weather is good enough, from 1 April to 30 September
- Choose a patch of target flowers and count all insects landing on them within 10 minutes
- Insects are identified to broad groups (e.g. bumblebees, hoverflies etc.)
- Send in your count results via the PoMS website or download the free FIT Count app using this QR code.



1 km square survey

- Set out pan-traps in the morning, collect insect specimens at the end of the day, and return the samples to the PoMS labs
- Takes place in 95 pre-defined 1 km squares throughout the UK, from farm fields to mountain sides (see map)
- Volunteers adopt a square and visit it four times during the summer
- Equipment, training and access permissions are all provided by PoMS.



For more information, FIT Count guides and videos go to: ukpoms.org.uk

Email: poms@ceh.ac.uk Bluesky: [@pomscheme.bsky.social](https://bsky.app/profile/pomscheme.bsky.social) X: [@PoMScheme](https://twitter.com/PoMScheme)

