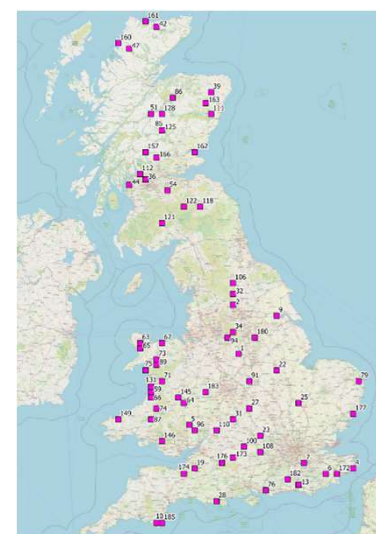




The **UK Pollinator Monitoring Scheme** (PoMS) is part of a wider Pollinator Monitoring and Research Partnership (PMRP) that aims to establish how insect pollinator populations are changing across the UK. We are working with existing recording schemes that focus on pollinating insects, and have established two new large-scale surveys running throughout the UK with help from volunteers.

## Can you help? **FITCount**

The “Flower-Insect Timed Count” is a simple survey, counting all the insects that visit a patch of target flowers during ten minutes. Insects are identified to broad groups (e.g. bumblebees, hoverflies etc.). You can do a FIT Count almost anywhere flowers grow, from April to September. Add your results via the PoMS website or use the FIT Count app: [www.ukpoms.org.uk/fit-counts](http://www.ukpoms.org.uk/fit-counts)



**1 km square survey:** This survey of pollinators and flower resources runs across a set of 75 one-km squares (see map), requiring four visits to each square across the summer. We’re seeking volunteers to ‘adopt’ a square near you, and carry out pan trapping and flower surveys. All equipment, training and identification of samples are provided by PoMS. For more information contact [poms@ceh.ac.uk](mailto:poms@ceh.ac.uk)

More information, FIT Count Guides and videos are available on the website: [www.ukpoms.org.uk](http://www.ukpoms.org.uk)

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