



Photo: Nadine Mitschunas

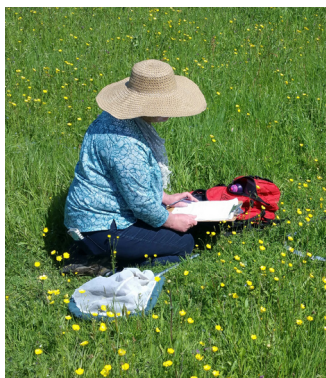
Can you help? We need to know how pollinator populations are changing, and with help from volunteers the UK Pollinator Monitoring Scheme (PoMS) runs two large-scale pollinator surveys.

Flower-Insect Timed Counts (FIT Counts)



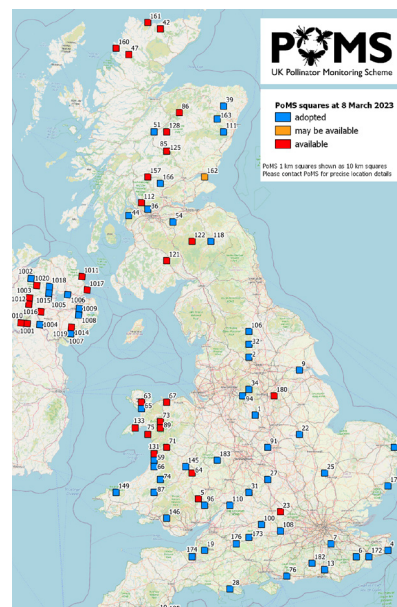
FITCount

- These can be done at any location with flowers
- At any time when weather is good enough, from 1 April to 30 September
- Choose a patch of target flowers and count all insects landing on them within 10 minutes
- Insects are identified to broad groups (e.g. bumblebees, hoverflies etc.)
- Send in your count results via the PoMS website or download the free FIT Count app using this QR code.



1 km square survey

- Set out pan-traps in the morning, collect insect specimens at the end of the day, and return the samples to the PoMS labs
- Takes place in 95 pre-defined 1 km squares throughout the UK, from farm fields to mountain sides (see map)
- Volunteers adopt a square and visit it four times during the summer
- Equipment, training and access permissions are all provided by PoMS.



For more information, FIT Count guides and videos go to: www.ukpoms.org.uk

Email: poms@ceh.ac.uk

Follow us on Twitter: [@PoMScheme](https://twitter.com/PoMScheme)

